

‘Its Complicated... but not to IIS!’

## Sherwood Middle School

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Jane Lizotte, Principal  
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## Permission Form

I am aware that my child \_\_\_\_\_ will be attending a counseling group called “Its Complicated...” at Sherwood Middle School with Mrs. O’Connell and Mrs. Connole.

### Group Description:

This group is designed for fifth and sixth grade students of families touched by divorce, separation, or remarriage during the holiday season. The goal of the group is to provide a sense of common experience for students with similar family makeup, build coping skills, and opportunities to reflect on how the holidays impact kids of blended families.

Please initial to note your agreement to the following:

\_\_\_\_\_ Students will meet individually with counseling staff before the group begins.

\_\_\_\_\_ This confidential group will meet for six sessions:

Group Dates			Follow Up Date
November 10 <sup>th</sup>	December 2 <sup>nd</sup>	January 5 <sup>th</sup>	April 6 <sup>th</sup>
November 21 <sup>st</sup>	December 12 <sup>th</sup>	January 13 <sup>th</sup>	
	December 20 <sup>th</sup>		

\_\_\_\_\_ This group will meet from 1:50-2:30PM, which may result in my child missing academic time.

Parent Signature: \_\_\_\_\_

Phone: \_\_\_\_\_

**A reminder email will be sent to parents and students before each group meeting please provide:**

**Parent E-mail:** \_\_\_\_\_

**Student E-mail:** \_\_\_\_\_